

KID-FRIENDLY BRUSSEL SPROUTS

Ingredients

- 1 pound of fresh Brussel sprouts
- 3 Tbsp olive oil
- 3 Tbsp honey
- 1 ½ tsp garlic salt
- Black pepper to taste
- ¼ cup dried cranberries
- ¼ cup Parmesean cheese

Preheat oven to 450 degrees F.

Cut the ends of Brussel sprouts and then cut in half.

Whisk olive oil, honey, garlic salt and black pepper in a bowl and then toss in Brussel sprouts.

Spread on a baking sheet and sprinkle with dried cranberries and Parmesan cheese.

Bake for 15-20 minutes until golden brown.